When it comes to caring for Mother Earth, Borgess Health couldn’t be greener. As charter members of Practice Greenhealth, Borgess has received the organization’s Environmental Leadership Circle Award seven times.

“Being green is a reflection of the values of our original sponsor, The Congregation of St. Joseph, who has long practiced a deep and abiding environmental ethos,” said Eric Buzzell, Executive Director, General Services & Property Management and Textile Systems, Inc. “It’s also a reflection of Ascension Health, our sponsor, who singles out environmental stewardship as a vital piece of its health care mission.”

Extending this pro-green mission beyond Kalamazoo also remains a key priority for Borgess. In fact, the new facility in Battle Creek—Borgess Health Park—stands to make other competing health facilities green with envy. The 65,000-square-foot ambulatory care facility will do more than provide Calhoun County residents with trusted primary and specialty care. It will help sustain the long-term health of Battle Creek and the planet.

**Environmental excellence**

“This building will be a shining example of our commitment to environmental excellence,” said Paul Spaude, President & CEO, Borgess Health. “A better Borgess Health system is the result of a lasting green heritage. We will continue our efforts to make our environmental footprint as small as possible.”

Here are seven environmentally friendly attributes of Borgess Health Park:

1. One-hundred percent LED lighting, both indoors and outdoors. LEDs are the most energy-effective product on the market, using 85-percent less energy than incandescent lamps and 34-percent less energy than florescent lamps. LED lamps last 50 times longer than an incandescent lamp and five times longer than a florescent lamp.

2. Energy-effective building envelop (R-26 walls and R-40 roof). The insulation will protect from the extremes of heat and cold, as well as the costs associated with heating in the winter and cooling in the summer. Engineers expect the new facility to perform at an Energy Star rating of 85 or higher.

3. Smart technology innovations, such as room-occupancy sensors. Sensors will control utilities (electricity and natural gas) required for lighting, air conditioning and...
Physicians begin move into Borgess Health Park

Their addresses are changing. The care entrusted to them by patients and their families will be better than ever.

Four Battle Creek physicians and their practices are moving to the new Borgess Health Park in Battle Creek. The providers are:

- **William Bogan, MD**, Borgess Internal Medicine, 713 Capital Ave. SW in Battle Creek, specializing in primary care, diagnosis and internal medicine;
- **Travis Terrell, MD**, Borgess Women’s Health, 2545 Capital Ave., Suite 207, Battle Creek, providing obstetrical and gynecological care; and
- **Paul Walk, MD**, and **David Wang, MD**, Borgess Family Medicine, 126 College St., Suite A, Battle Creek, offering routine medical care and preventative health services for all ages, from newborns to adults.

The physicians and their staff will begin moving into Borgess Health Park in early May. Patients will continue to be accepted and operations will continue at the existing practice locations through June 6, 2014. The 65,000-square-foot ambulatory care facility at 3035 Capital Ave. SW in Battle Creek will be open for business Monday, June 9.

A Community Open House offering tours of Borgess Health Park will be held from 10 am until 2 pm, Saturday, June 21.

Borgess Health Park is built on 21 acres of rolling wooded land in a park-like setting that’s close to I-94 and M-66. The facility includes offices for primary care providers and specialists such as women’s health, orthopedics and cardiology, plus medical imaging, diagnostic labs, physical and occupational therapy, a sleep clinic, pharmacy, and a coffee shop.

For information on Borgess Health Park, visit [healthpark.borgess.com](http://healthpark.borgess.com).

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**Healthgrades’ award to Borgess Medical Center and Borgess-Pipp Hospital**

Learn more about the recognition of Borgess Medical Center and Borgess-Pipp Hospital as recipients of Healthgrades’ 2014 Distinguished Hospital Award for Clinical Excellence by viewing WWMR’s “Doc Talk.” Robert Hill, MD, Chief Medical Officer, Borgess Medical Center (shown above) was interviewed by Channel 3, along with Roberta Becker, 73, Watervliet, who received care at Borgess Medical Center and Borgess-Pipp Hospital following a serious car accident in 2013. The story can be seen at [borgess.tv](http://borgess.tv).

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**Tom Mushett assumes new duties as Administrative Director, Borgess Health Park Battle Creek and Radiology Services**

Bobby Hopewell to become CEO of Mobile Health Resources

Bobby Hopewell, a Borgess Health leader for the past nine years, will leave Borgess Health on May 9 to become the Chief Operating Officer of Mobile Health Resources (MHR), a healthcare and medical transportation company with offices in Michigan and the Midwest.

Hopewell served as Director of Hospitality Services at Borgess Medical Center since 2005. In 2012, he was named Administrative Director of Borgess Health Park Battle Creek.

“Bobby has been a friend and a leader to all Borgess Health associates,” said Patrick Dyson, Executive Vice President, Borgess Health. “He has worked to ensure the successful development and approaching opening of Borgess Health Park Battle Creek. We will miss Bobby but we also understand this new position was an unexpected opportunity. We wish him continued success.”

Tom Mushett, Radiology Director, Borgess Medical Center, will immediately assume Hopewell’s current administrative duties as Administrative Director, Borgess Health Park Battle Creek and Radiology Services. Mushett has also begun to work with Bobby Hopewell on transition details.

“Tom has outstanding administrative skills, links with associates and physicians throughout Borgess Health, and an in-depth understanding of current medical technology,” Dyson said. “Tom will help Borgess Health Park Battle Creek provide both new outpatient medical care and new specialty services to Calhoun County area residents. Please extend to Tom Mushett your congratulations and assistance as he takes on this new role and increased responsibilities.”

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**American Heart Association (AHA) welcomes participants and donors to the annual Heart Walk.**

The event begins at 8:30 am, Saturday, April 26, 2014, at the Arcadia Creek Festival Place in downtown Kalamazoo. Learn more at [http://heartwalk.kintera.org/af/home/default.asp?event=1075065](http://heartwalk.kintera.org/af/home/default.asp?event=1075065).
Borgess Run for the Health of It!/Kalamazoo Marathon

The 2014 Borgess Run for the Health of It!/Kalamazoo Marathon events are less than a week away. Online registration is available until midnight on Wednesday, April 30. Late registration is available for an additional fee during packet pickup. There is no race-day registration.

Volunteers needed for Borgess Run for the Health of It!

The Borgess Run for the Health of It!/Kalamazoo Marathon welcomes volunteers for the Meijer Kids Fun Run Expo on Friday, May 2, and at the Borgess Run Expo on Saturday, May 3. Sign up at volunteer.borgessrun.com.

A new running challenge

Associates and others prepare for Borgess Run for the Health of It!

Physical fitness is a fact of life for Jeanne Hansen. The coordinator of health and wellness for Borgess CorpFit preaches wellness and fitness in her daily interactions with employees at numerous companies and organizations throughout southwest and south-central Michigan.

“I played volleyball when I was in high school,” Hansen said. “Running was always a side passion of mine, along with competing and having the commitment to train and complete a 5K.”

On Sunday, May 4, Hansen faces her latest physical challenge: the return of the 10K for the 35th anniversary of the 2014 Borgess Run for the Health of It!/Kalamazoo Marathon.

“This is my fourth year of participating in the Borgess Run,” Hansen said. “The last three years, I’ve done the 5K. This year, I’m taking it to the next level.”

Hansen began preparing for the Borgess Run about a month ago. At the time, she wasn’t sure whether she wanted to compete in the 5K again. With the reintroduction of the 10K, she was ready for a new and exciting challenge.

“The challenge is in preparing,” Hansen said. “For me, it is developing the stamina of going the distance, while pacing myself at a level I’m comfortable with. My goal for the 10K is to run at a 10-minute pace. When I ran last week, I was seven seconds under my goal. So I am on track.

“I’m excited to compete in this year’s Borgess Run. I feel great, and I’m going to make the 10K a memorable event.”

While the Borgess Run for the Health of It!/Kalamazoo Marathon may seem to some like an event for the swift and athletic, Hansen strongly emphasizes that’s not the case. She encourages everyone to commit themselves to improving their health, whether training for a running event, or during each day of their lives.

“Try,” she said. “Give health and wellness your best effort, regardless of your current activity level. Begin with a walk, or give yourself a goal. You can make health and wellness attainable, while also having fun and enjoying the experience of getting and staying there.”
Honoring Borgess Exceptional Performers

Borgess Health has a multitude of truly exceptional associates whose daily calling is to connect with patients, visitors and fellow colleagues to foster an environment for better healing.

A select group of these outstanding associates was honored with Service Excellence, Star Performer, Values in Action, and Caring Hearts & Hands awards on March 27 during an Exceptional Performer Awards reception held inside the Lawrence Education Center Auditorium.

Service Excellence

Kathy Blank
Environmental Services Tech
Housekeeping

Dolly Brinkerhoff, RN
Neuro/Orthopedic Care
2 North

Melanie Bush
Patient Care Associate
Surgical Specialty Unit
4 North

Theresa Coates
Patient Care Associate
Surgical Specialty Unit
4 North

Helen Cook, RN
Nursing Resource Team

Patrick Dougherty
Physician Assistant
Borgess Inpatient Services

Mary Fish
Care Center Coordinator
Medical Business Associates

Ann Hasse
Respiratory Therapist
Respiratory Care

Robert Hilliard, MD
Physician
Kalamazoo Anesthesiology

Kaitlyn James
Care Center Coordinator
Medical Business Associates

Cynthia Jubenville
Clinical Social Worker
Care Management

Jim Kelly
Respiratory Therapist
Respiratory Care

Lisa Matthews, RN
8 Northwest

Sheryl Roberts
Patient Service Associate
Borgess ProMed
Pediatrics - Richland

Gary Strehlke
Wellness Specialist
Borgess CorpFit

Ryan Vaughn
Medical Electronics
TriMedx

Ashlie Weitting
Environmental Services Tech
Housekeeping

Star Performer

Susan Brainerd, RN
SWAT (Service with a Task)

Marilynn DeVisser
Medical Assistant
Borgess Internal Medicine-Valleywood

Charles Gentry
Patient Care Associate
Emergency & Trauma Center

Lori Hawkins
Imaging QC Specialist
Document Imaging

Kaitlyn James
Care Center Coordinator
Medical Business Associates

Joanie Kolar, RN
Medical Care 3 North

Theresa Kordish, DO
Physician
Borgess-Lee Memorial Hospital - Emergency Room

Missy Lyons, RN
Behavioral Adult Care

Tina McCants
Lab Assistant
Borgess Medical Center Laboratory

Andrew Regulski
Occupational Therapist
Occupational Therapy

Joe McLean
Patient Care Associate
Emergency & Trauma Center

Nichole Miller
Polysomnography
Clinical Coordinator
Sleep Disorders Center

Kelly Pasch, RN
Nursing Resource Team

Andrew Regulski
Occupational Therapist
Occupational Therapy

Tiffany Smith
Medical Assistant
Borgess Lee Medical Group - Pediatrics

Audrey Townes
Care Center Coordinator
Medical Business Associates

Stefanie Ulrich, RN
8 Northwest

Josh Wheeler, RN
8 Northwest

Caring Hearts & Hands

Anne Stafford
Lab Assistant
Borgess Medical Center Laboratory

An exceptional place for exceptional people.
Borgess Medical Center is now part of the Mary Free Bed Rehabilitation Network. Clinical staff at both facilities will work together to ensure that patients receive the most appropriate level of rehabilitation services in a timely manner.

In the United States, more than 700,000 people suffer a stroke every year, and more than 1.7 million new cases of brain injury are recorded annually. “Individuals who survive neurological conditions and injuries such as these often require rehabilitation as part of their recovery process,” said Keri Noeske, Director, Borgess Neuro Rehabilitation Program.

“Intensive therapy is essential to returning patients to an optimal level of health and independence,” Noeske said. “That’s where our program – working in conjunction with the renowned Mary Free Bed Rehabilitation Network – can make a profound difference.”

Established in 2011, the Mary Free Bed Rehabilitation Network includes an alliance with the Rehabilitation Institute of Chicago, as well as a consortium of collaborative organizations in Michigan. Benefits of this new partnership include:

- Collaborative patient assessment on site between Borgess and Mary Free Bed will help ensure the best rehabilitation quality possible for patients.
- Early identification of patients who would benefit from intensive rehabilitation services return to maximum independence.
- Borgess will gain excellent continuing education support from Mary Free Bed.

An Earth Day Prayer Service was recently held in Sr. Anastasia’s Healing Garden. Associates participated in the service with prayer, readings, sprinkling of the gardens, and music.

The Vegetable Garden, located within the Sister Anastasia Healing Garden, has produced tomatoes, squash, cucumbers, green and red peppers, and radishes to provide food to community members in need. Since 2011, this healthy produce has been delivered to Kalamazoo Loaves & Fishes, Ministry with Community, Kairos, the Hospitality House, Kalamazoo Gospel Mission and the Congregation of Saint Joseph.

Comments confirm many community members appreciate the food because they do not have the funds to purchase fresh produce. This is a labor of love from compassionate associates who volunteer their time and efforts. Associates, volunteers, family members and others are most welcome to come forward and assist with the garden. To help, stop by Borgess Mission Integration and they will work around your schedule!

Support for the garden (to purchase plants, supplies, and provide general maintenance), has grown through the kind and generous gifts from local garden shops, associates, grateful patients and family members. There is such a need throughout the community for food. Thus far, the only support Mission Integration has received for the garden is from Wenke Greenhouses, which has donated vegetable and flower plants each year, along with items from associates. It is the desire of Mission Integration to expand the garden and the ability to reach more of the poor and vulnerable in the community who need access to fresh fruit and vegetables.

Associates are asked to consider making a gift towards the garden project. The Borgess Foundation has established the “Sr. Anastasia Garden Fund” to collect donations that will support the Garden. Every gift helps tremendously and there is a special opportunity to purchase a brick paver in the walkway by the magnolia tree.

Contributions received from these pavers will help Borgess plant the vegetable garden this year and beautify the space with flowers. It will also allow Mission Integration to continue its vision which includes additional flower beds, expanded vegetable gardens, handicapped walkway, water feature, additional benches and other comforts for this tranquil space.

Please pick up the information flyer regarding the paver project in the Mission Integration and Spiritual Care office. For more information, call (269) 226.7404.
ENERGY EFFICIENT

Continued from page 1

ventilation. When the rooms are not occupied, the sensor will shut off the lights, and move air conditioning levels and air exchange volumes to preset minimum conditions.

4. A ventilation system based on variable air volume (VAV), a principle of air circulation that imitates human breathing. “When we are working hard and need more air flow, we breathe more deeply,” Buzzell explained. “When our need is not as great, our breath is lighter or more whispery. This means our fans and heating/cooling coils satisfy circulation demands in a more efficient, self-sensing way.”

5. Conveniently located bike racks for health-conscious employees, patients and visitors.

6. Native plant species selected for landscaping, requiring minimum irrigation and pest-control intervention.

7. Flooring, wall coverings, furniture fabrics and other building materials chosen based on BIFMA (Business and Institutional Furniture Manufacturers Association) compliancy for high-recycled material content and low VOC (volatile organic compound) emission. “The upshot is more sustainable furniture—enhanced life-cycle performance, environmentally friendlier manufacturing processes and recycled materials—and better indoor air quality,” Buzzell said.

Scheduled to open in mid-June, Borgess Health Park in Battle Creek will house offices for primary care and specialty physicians, as well as offer medical imaging, diagnostic labs, physical and occupational therapy, and a sleep clinic and pharmacy. Bariatric, vascular and general surgery services may be added in future years. Partners for the $26.9 million project included NBBJ (design), AVB, Inc. (construction management) and TowerPinkster (architecture and engineering).

Ambulatory care facility
65,000 sq. ft.
3035 Capital Ave. SW, Battle Creek
21-acre campus near I-94 & M-66

PRIMARY CARE
(Doctors moving to Borgess Health Park location. Additional physicians to be added.)

William Bogan, MD
Paul Walk, MD
David Wang, MD

BORGESS WOMEN’S HEALTH
Travis Terrell, MD

New Family Physician
Rumana Yunus, MD

SPECIALTY PHYSICIAN CLINICS
General and Bariatric Surgery
Cardiology
Pulmonology / Sleep Medicine
Orthopedics
Neurosurgery / Spine
Endocrinology

SERVICES
Medical Imaging
CT
MRI
Nuclear Medicine
Echocardiography
Ultrasound / PVL
Mammography
Osteoporosis
Diagnostic Radiology
On-site Diagnostic Lab Services
Physical Therapy & Occupational Therapy
Pharmacy
Borgess Sleep Disorders Center

Coffee Shop
Community Room

For more information: healthpark.borgess.com

Special Upcoming Dates
June 9—Facility Opens
7-9 pm, June 19—Borgess Family gathering
10 am-2 pm, June 21—Community Open House